

Gentle English Country Dancing group

(with Gt Yarmouth U3a)

Who Remembers Country Dancing At School?

Well this is bit different. We aim to get it right but its slower and OK to laugh when we go wrong. Moves such as skipping or turning and swinging are optional and its OK to sit out and chat. The music is often slowed down to give people more time and we have a tea and biscuit break. The dance moves are all walked through first and then called to the music.

Come and try your first session for free

at

The Shrublands Community Centre

Magdalen Way, Gorleston-on-Sea, Great Yarmouth NR31 7BP

Number 8 and X1 buses stop very nearby at St Hilda's Crescent
large free cark park on site.

2nd & 4th Mondays of the Month

13.45 to 15.45 pm

£3 inc. Refreshments

No partner needed

NB. WE ARE NOT MEETING IN DECEMBER

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Beginners welcome

Contact - Pam Redwood 07708467303
email - beactive.pam@gmail.com

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